

## NEDDC Employee Wellbeing Update – 7 July 2020

### Steps we can all take to help?

- Remember 2 metre Rita and 6 feet Pete
- Limit contact with others as much as possible
- Wash your hands regularly



### Today's Theme: Easing of restrictions

From Saturday 4th July, the Prime Minister set out further changes to lockdown measures in England to enable people to see more of their friends and family, help businesses get back on their feet and get people back in their jobs.

Pubs, restaurants and hairdressers were able to reopen, providing they adhere to COVID Secure guidelines.

From the same date, two households will be able to meet up in any setting with social distancing measures, and people can now enjoy staycations in England with the reopening of accommodation sites.

In order to begin restoring the arts and cultural sector, some leisure facilities and tourist attractions have also reopened, if they could do so safely – this includes outdoor gyms and playgrounds, cinemas, museums, galleries, theme parks and arcades, as well as libraries, social clubs, places of worship and community centres.

As we begin to reopen the economy, it's important that we do not increase the risk of transmission which is why "close proximity" venues such as nightclubs, soft-play areas, indoor gyms, swimming pools, water parks, bowling alleys and spas will need to remain closed for now. The Government is continuing to work with these sectors to establish taskforces to help them to become COVID Secure and reopen as soon as possible.

While the infection rate continues to fall, the Prime Minister has been clear that the public must continue to follow social distancing guidelines to keep coronavirus under control. The Government will keep all measures under constant review and will not hesitate to apply the handbrake, or reverse measures, should the virus begin to run out of control. These changes apply in England only.

Also blanket restrictions on non-essential overseas travel has been relaxed in the UK. Holidaymakers will be allowed to travel to some specific countries without having to spend 14 days in quarantine upon their return. It is worth checking before you book which countries this applies to. Also all the advice will remain under constant review to take into account the latest situation in each country so the current information could well change.

### More Information:

- For up to date reliable information always check the Gov.uk website <https://www.gov.uk/coronavirus> this includes the latest information on restrictions, travel, testing and support.

### More Information on Health & Wellbeing?

Please contact your manager or the HR Team on ext. 7677 and guidance is available in the Coronavirus Toolkit on the Extranet pages or S Drive HR & Payroll public folder.